



# Virginia Cooperative Extension

Virginia Tech • Virginia State University

## “Cut & Come again” Leafy Greens Grown in Your Own Backyard



If you have never experienced the satisfaction of picking your own fresh salad for dinner, here is a project for you. It's called a Salad Box. You can grow a variety of salad greens and herbs from April to November each year. It's a form of container gardening that is portable and inexpensive to build. A Salad Box can be strategically located so you can garden above ground level and avoid the pesky salad loving critters who usually dine in your traditional garden. The Salad Box is 24" square and made of 8" cedar boards to provide an adequate root zone and natural weather resistance. This is a “hands-on woodworking project.”

**Class is Limited to 12 participants. Pre-Registration is required. A \$50 materials fee is due at time of registration.**

***Please Pre-register by Friday  
March 3rd***

***Email Bob Whitehead:***

**[whitehd5@vt.edu](mailto:whitehd5@vt.edu)**

**or call (804)556-5841 OR REGISTER  
using the following link:**

**<https://tinyurl.com/My-Salad-Box>**

***March 11, 2023  
Time: 9:00 a.m.—1:00 p.m.***

***Central High Cultural & Ed. Complex  
2748 Dogtown Road  
Goochland, VA 23063***

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Bob Whitehead at the Goochland Extension Office at (804-556-5868/TDD\*) during business hours of 8 a.m. and 5 p.m. to discuss accommodation 5 days prior to the event. \*TDD number is (800) 828-1120. *Se habla español.* Teléfono - 804-556-5872; correo electrónico - [nks49@vt.edu](mailto:nks49@vt.edu); mensaje de texto - 301-633-0652.

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